Maundy Thursday Supper



A great blessing of Holy Week is the time we take on Maundy Thursday to share a meal together, as Jesus did with his disciples the night before he faced the cross. This year we break bread together in spirit. We invite you to make your supper on Maundy Thursday a time of prayer, preparation, and faith-filled fellowship. This guide could be used before or after viewing the Maundy Thursday service on YouTube, which will include both foot washing and communion.

May God bless you and may you feel the love of this Parish as we enter the Triduum (Maundy Thursday, Good Friday, and Holy Saturday).



Gather and Prepare

There are no traditional foods served for this supper, so any meal your family enjoys is suitable.

Consider setting the table in a different way this evening--perhaps with special dishes, or napkins folded in a distinctive way.

Place a candle in the middle of the table. Families, this is the time to use the special candles you decorated this week.

Light and Pray

Light your candle.

Say your family's traditional grace, or these words: Jesus said, "I am the light of the world; whoever follows me will not walk in darkness, but will have the light of life." (John 8:12).

Eat and Read

As you eat your meal, pause periodically and read the scriptures printed on the cards, numbered one through six.

Imagine yourself in these stories. Where do you see yourself? What do you see, smell, hear, and feel?

Wonder about how the disciples felt as these events transpired. Wonder how Jesus felt.

End

When you have finished your meal, extinguish your candle and end with a prayer.

May the Lord God bless our walk through these next three days together. Amen.



Reading One Preparing for the Passover Meal

Mark 14:12-16

On the first day of Unleaved Bread, when the Passover lamb is sacrificed, Jesus's disciples said to him, "Where do you want us to go and make the preparations for you to eat the Passover?" So Jesus sent two of his disciples, saying to them, "Go into the city, and a man carrying a jar of water will meet you; follow him, and wherever he enters, say to the owner of the house, 'The Teacher asks, Where is my guest room where I may eat the Passover with my disciples?' He will show you a large room upstairs, furnished and ready. Make preparations for us there." So the disciples set out and went to the city of Jerusalem, and found everything as he had told them; and they prepared the Passover meal.

Reading Two
Judas's Departure

Matthew 26:20-25

When it was evening, Jesus sat at table with the the twelve disciples; and as they were eating, he said, "Truly, I say to you, one of you will betray me." And they were very sorrowful, and began to say to him one after another, "Is it I, Lord?" He answered, "He who has dipped his hand in the dish with me will betray me. The Son of man is betrayed! It would have been better for that man if he had not been born." Judas, who betrayed him, said, "Is it I, Master?" Jesus said to him, "You have said so."

Reading Three
The Institution of the Lord's Supper

Mark 14:22-25

While they were eating, Jesus took a loaf of bread, and after blessing it he broke it, gave it to them, and said, "Take; this is my body." Then he took a cup, and after giving thanks he gave it to them, and all of them drank from it. Jesus said to them, "This is my blood of the covenant, which is poured out for many."

Reading Four Jesus Washes His Disciples' Feet

John 13:3-5, 12-15

And during supper Jesus, knowing that the Father had given all things into his hands, and that he had come from God and going to God, got up from the table, took off his outer robe, and tied a towel around himself. Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. After he had washed their feet, had put on his robe, and had returned to the table, he said to them, "Do you know what I have done to you? You call me Teacher and Lord--and you are right, for that is what I am. So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have set you an example, that you also should do as I have done to you."

Reading Five Jesus Prays before His Arrest

Luke 22:39-42

Jesus came out and went as was his custom, to the Mount of Olives; and the disciples followed him. When he reached the place, he said to them, "Pray that you may not come into the time of trial."

Then he withdrew from them about a stone's throw, knelt down, and prayer, "Father, if you are willing, remove this cup from me; yet, not my will but yours be done."

Reading Six
The New Commandment

John 13:34-35
Jesus said, "I give you a new commandment, that you love one another. Just as I have loved you, you also should love another. By this everyone will know that you are my disciples, if you have love for one another."